

SOME ASPECTS ABOUT CHANGE IN PSYCHOANALYSIS- HOW DOES THE PATIENT FEEL THE CHANGE?

Rezumat: *The author tries to find some answers to the question: What produces change in psychoanalysis? The reasons patients come in analysis are different and various but no matter what these are, the patient's conscious and declared purpose is to feel good and not necessarily to change. The change in psychoanalysis is something else meaning it is more than behavior changing and getting rid of symptoms. The author reviews some of the most important contributions about this subject from S. Freud, D. Winnicott, W.Bion and T.Ogden. Also, she presents a vignette from a clinical case.*