

# A PARADOXE OF CHANGEMENT

**Rezumat:** *The paper aims to highlight the issue of change taking as landmark the primum movens of the psychoanalytic process. Paradoxically, the setting of the conditions conducive to psychic transformation brings the phenomenon of narcissistic regression described by Bela Grunberger, with its phantasy of retrieving the ideal ego. In Abraham and Torok's view, such a phantasy seeks unconsciously to change the external world and to keep the topic of psychism unchanged. If narcissistic regression aims at even more than that, namely the spatiotemporal amplification of the internal world of the subject, then, the unconscious corresponding phantasy may be named collectively one of "non-change" because it is opposite to change, although necessary, for its strength in supporting the process.*